Deli FLIK Chicken Bacon Ranch

Grill Bridget Thomas Pepper Bacon

Jam Burger

Grill Christa Jordan – Spicy Smash

Turkey Burger

Grab Smoked Salmon Bento

Soup

Green Chicken Pozole

Quinoa Vegetable Soup

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Tuesday & Wednesday

CHEF'S TABLE

HOURS

WEEKLY

SPECIALS

Fusion Fuel

Asain Inspired Salmon and Soul Experience Fusion Fuel – A Motiva Special – Come Fuel Your Taste Buds

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Café 300

Week of October 20th

What's Happening

CHECK OUT OUR TAKE HOME MEALS FOR THE WEEK

SPECIAL EVENTS:

- NEW GRILL SPECIAL FROM THE BURGER COMPETITION (Oct 20th.—Oct. 24th)
- Fall Them Cut Out Cooklies

UPCOMING:

 ENTER THE OCTOBER TRIVIA GIVEAWAY Breakfast 7 AM - 10 AM

- Grill Breakfast Buffet
- Yogurt & Toast Bar (Closed on Fridays)
- Web & Kiosk Ordering for Grill Favorites

11 AM – 1:30 PM (Grill open until 2PM)

 Salad & Deli Closed on Fridays

3 convenient ways to order:

Lunch

- 1. Download the MySystopia mobile app, available on iOS and Android, workplace code: 989980
- 2. Online at mycafe.systopiacloud.com
- 3. Café 300 order kiosks

For nutrition information and more: flikcafes-usa.com/hcsc

TREE HOUSE

MENU WEEK OF OCTOBER 20TH 2025

Coffee Bar 7 AM – 4 PM

STARBUCKS (Monday-Friday)

Breakfast 7 AM - 10 AM

ORCHARD BAR (Monday-Friday)

Walk up and order one of our FLIK Favorites or build your own smoothie **NEW** Smoothie for Breast Cancer Awareness Month (Pink Power Blend)

ARBOR (Monday-Friday)

Self-serve weighed hot breakfast buffet with new selections daily

Check our Viva Engage page for daily selections available

CANOPY (Monday-Thursday)

Walk up and order breakfast action station

Breakfast Hash Skillet

Lunch 11 AM - 1:30 PM

ARBOR (Monday-Friday)

Self-serve weighed hot lunch buffet with new selections daily

Check our Viva Engage page for daily selections available

CANOPY (Monday-Thursday)

Walk up and order lunch action station

BYO Bibimbap Bowl